

# Moving home with a pet



Moving home is frequently described as one of the most stressful events in life and this is true for your pet too!

## Top tips for moving home with pets:

- ✔ Consider putting your dog or cat into kennels/cattery or arrange for them to stay with a familiar relative or friend.
- ✔ If your pets are not able to stay elsewhere during the move, then set up secure rooms (keep doors and windows closed) for them in your old and new homes, which are quiet and undisturbed.
- ✔ Make sure food, water, familiar items (toys, blankets) and their bedding is present in these safe spaces.
- ✔ Minimise disturbances to their routine and home environment (pack up the rooms they spend less time in first!).
- ✔ Make sure pets are microchipped and details are updated with your new address, in case they run away and get lost during the move.
- ✔ Ensure your pet is comfortable travelling and if not, get them used to this in advance (for more information see our travel fact sheet).
- ✔ Your pet should be the last thing you move and the first to have their things unpacked.
- ✔ Consider using pheromone products and calming nutraceuticals to help minimise stress and anxiety in your pet during the move.



### How can I make things easier for my pet?

**YOUR PET SHOULD BE THE LAST THING YOU MOVE AND THE FIRST TO HAVE THEIR THINGS UNPACKED.**



## After you move home:

- ✔ Make sure any outdoor space in your new home is secure before letting dogs out, if you are unsure keep them on the lead.
- ✔ Don't let cats outside for at least a few weeks after you have moved and keep them indoors for a few days prior to the move to make sure they don't disappear on moving day!
- ✔ Consider using a cat harness when first letting your cat explore outside (if they are comfortable wearing one).
- ✔ When first letting cats outside, do this in the daytime and when they are hungry (so they are likely to come back for a meal).
- ✔ Allow your pet to gradually explore and adjust to your new home at their own pace.

# Support behavioural balance



| Tab/day       | S | M | L |
|---------------|---|---|---|
| <7.5 kg       |   |   |   |
| 7.5 - 12.5 kg |   |   |   |
| 12.5 - 20 kg  |   |   |   |
| 20 - 40 kg    |   |   |   |
| >40 kg        |   |   |   |



The tabs can be placed directly in the pet's mouth or crushed and mixed with food



The tabs are easily divisible, making it possible to use them for cats and toy dogs

**Stressed out, anxious pet?**  
Use **Alphazium TT** as part of your management strategy.

Find out more at  
[www.tvm-uk.com/alphaziumtt](http://www.tvm-uk.com/alphaziumtt)  
or speak to your vet